

# THE GREEN & WHITE

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Limerick GAA Youth Magazine

[www.thegreenandwhite.com](http://www.thegreenandwhite.com)

**West are Best**  
in Sarsfield Cup

**Harry Potter**  
and the Limerick  
hurling connection

**U.S. Army Hurlers**  
**Laochra Láimhe**  
& all your Favourite Features

INTO/  
Cumann na mBunscol  
National Awards  
Publication  
of the  
Year

## The Throw In

Welcome to another exciting issue of the Green & White Magazine. Spring has sprung! It's a time for new life and renewed hope. It's a time for dreaming dreams. In the world of Gaelic games, it's a time full of wonderful possibilities for you, your school team, your club and your County. So, get out there and make it happen!

### National Awards

In this issue we celebrate Paul Kennedy's immense (and ongoing) contribution to Cumann na mBunscol. Paul received the Cumann's highest accolade recently when he was honoured with the Pat Trainor Memorial Award at the Board's National Awards ceremony at Croke Park. Other Limerick award winners on the night included Doon CBS, Ballybrown NS—and this magazine which was named Publication of the Year. Great news indeed!

### Ger Power

On Page 5, we pay tribute to the late Ger Power who worked tirelessly for over 30 years so that thousands of young hurlers, footballers and camogie players in South Limerick could develop their talents and better enjoy their participation in the leagues he helped to organise. Photographs taken at a surprise function, organised in his honour by his peers, bear testimony to the extraordinarily high regard in which Ger was held. Ar dheis Dé go raibh a anam.

### Schools

Inside, we have all the school news, reports and results that matter, including features on the Sarsfield Cup, the Larkin Shield & the County Football Shield. As usual there's a large selection of photographs of school teams for you to peruse and interesting features on individual schools such as 'Laochra Láimhe' about the revival of handball in City school, an Mhodhscoil. There's also recognition for the hurlers of Ardscoil Rís whose success story continues to grow.

### Harry Potter & U.S. Army Hurlers!

Within these pages you will also read about a fascinating connection between Harry Potter and Limerick hurling and then discover why a group of U.S. soldiers who saw active service in Iraq set up a hurling team upon their return to the U.S.A. Adare publican, Michael Collins tells us about his favourite medal—the one he won when captaining West Limerick to their first ever Mackey Cup success. We also introduce our readers to new Limerick football boss, Maurice Horan. And there's lots, lots more besides—including cartoons, puzzles and photo features. It's some magazine...for one magazine!

*Luimneach abú,*

**Ciarán Crowe & Joe Lyons**  
 Joint Editors

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Front cover photograph: Aoife Ni Dhomhnailláin & Marie Danaher, who played in the Primary Game in 2010.

# News+++News+++News+++

## Pitch Perfect at Mick Neville Park!

Limerick GAA is on the up and up, both on and off the pitch. Speaking of pitches, Limerick County Board has recently invested in a full size, all-weather, pitch at Mick Neville Park, Rathkeale.

The pitch was designed and built to the new Code of Compliance and meets the highest standards. This fully floodlit pitch is available to Limerick teams of all grades all year round.



## New Limerick Jersey?

The new Limerick jersey is really the old Limerick jersey! Compare the 2011 jersey to the 1973 jersey and you'll see that Limerick are definitely getting back to basics in 2011 with the launch of a new jersey that looks very like its glorious predecessor (with the addition of the Sporting Limerick logo). Let's hope Limerick teams enjoy success on a par with past great teams while wearing the 'new' jerseys.



## Newsbriefs:

### Limerick GAA Coaching Conference 2011

Over 200 trainers and managers attended the Limerick GAA Coaching Conference which was held at L.I.T. last month. The theme was "Coaching the Coaches". The conference featured keynote speeches and practical sessions from such high profile personalities as Liam Sheedy, Paudie Butler, George O'Connor, Cian O'Neill, Donie Buckley, Declan Aherne and Paudie Kissane

### What Will the World of 2011 be Like?

Writing about Limerick hurlers, RTE's Michael Lyster's prediction was, "Expect Limerick to come out with all guns blazing!" (Irish Times, January 1st, 2011)

### Welcome Gavin!

Limerick senior hurler, Gavin O'Mahony is the newest addition to Limerick GAA's full-time coaching staff. Gavin captained County champions Kilmallock in 2010 and was also captain of the Limerick minor hurling team that contested the 2005 All-Ireland final.

## Lifting the Treaty—The Newsletter!

Limerick County Bord na nÓg and Limerick Coaching & Games recently launched a fab new newsletter entitled Lifting the Treaty. On the first Tuesday of each month a new issue is distributed to players, coaches, club officers, parents and supporters of underage hurling and football in Limerick.

Joint editors, Aidan Ryan and Ger Downes explain, "Huge work to promote Gaelic games is ongoing, day in day out and we hope to highlight that work through our newsletter. We hope to make it bigger and better as the months go by and

we would appreciate readers' feedback".

To subscribe to the newsletter or to provide feedback, email: [liftingtreaty.limerick@gaa.ie](mailto:liftingtreaty.limerick@gaa.ie) There is also a link to the newsletter on the Blog section of The Green & White Website ([www.thegreenandwhite.com](http://www.thegreenandwhite.com))



## LIFTING THE TREATY

## Trendy New Web Presence for Limerick

Watch out for the new, revamped Limerick GAA website which will be launched shortly.

"We are delighted that Limerick GAA fans will have a state-of-the-art website to follow the fortunes of schools, clubs and County teams," says Limerick P.R.O. Helen Cross. The website is designed by 21st Century Web and powered by 'eSportsManager.ie'. These companies are responsible for the websites of Cork GAA, Waterford GAA and Munster Rugby among many, many others.

Followers of Limerick GAA all over the world will be able to access the



latest news and results via this website. Other features include links to blogs and websites including [www.thegreenandwhite.com](http://www.thegreenandwhite.com), Limerick Supporters (Dublin Branch) and Limerick Camogie.

To get a flavour of what we can expect, check out [www.gaacork.ie](http://www.gaacork.ie) where you can also access YouTube-style videos of coaching drills for young players. Why not ask your teacher to download some of these videos for you?

## Congratulations Paul!

For more than 30 years, Paul Kennedy has been one of Limerick's busiest Cumann na mBunscol activists. His dedication to coaching youngsters and promoting Gaelic games was recognised on two fronts in recent months. At the Cumann na mBunscol National Awards, Paul was honoured with the Pat Trainor Memorial Award. He was also honoured for his contribution to sport by the Limerick Sports Partnership.

Paul, a native a Borrisoleigh, played hurling for both Tipperary and Limerick. His first involvement with Cumann na mBunscol was when he taught in Dublin from 1968 to 1975 before he became Principal in Lisnagry NS.

Lisnagry NS played in both East Limerick and East Clare competitions for several years. Paul was instrumental in setting up Cumann na mBunscol in East Limerick.

Paul served as Rúnaí of Cumann na mBunscol Luimnigh for a number of years in the 1980's. He has been active in Coiste na Mumhan since its inception and currently holds the position of Leas Cathaoirleach.

Paul was coach to East Limerick hurling teams that played in the Mackey Cup for over 20 years, nurturing players like Seamus Hickey, William Walsh, Mark Keane, Pat Tobin who all went on to play with Limerick as well as Conor O'Mahony of Tipperary.

During his years in Lisnagry NS, Paul organised weekly hurling Leagues for boys and girls from First to Fourth Class and often invited neighbouring schools to play also. These were a first step in developing players of the future. Many former pupils of Lisnagry went on to wear the Limerick jersey including the Moran brothers Ollie, Niall and James, Sean



Paul and his wife Bernie at the awards ceremony

O'Connor and camogie star Niamh Mulcahy.

Although now retired from teaching, Paul maintains close links with Cumann na mBunscol. He assists with Limerick teams on Primary Game days and helps East Limerick Cumann na mBunscol by refereeing Indoor Hurling matches. He also attends Cumann na mBunscol competitions to present trophies, act as umpire etc. He also continues to coach young players in Lisnagry NS and Ahane GAA club.

## Honour for Brother J.L. Dormer

Brother James Dormer, Chairman of Cumann na mBunscol Luimnigh was elected Uachtarán of Cumann na mBunscol Náisiúnta at its Annual General Meeting in Galway recently. This is the highest office in primary schools GAA and it is an honour that is well deserved. Now principal of Doon CBS, Brother Dormer has been involved in promoting Gaelic Games in Limerick since the 1970's when he came to teach in Sexton Street in the city. He later moved to Lismore, Co. Waterford before coming to Doon CBS in 1993. Among his pupils in Lismore were Waterford hurlers Dan Shanahan and Dave Bennett. Limerick hurlers Michael Fitzgerald and Denis Moloney were pupils in Doon who benefited from his expertise while Irish boxing's High Performance Coach, Billy Walsh of Wexford was a pupil of the young Brother in Wexford over thirty years ago.

Brother Dormer will serve as Uachtarán for the next five years.



Brother J.L. Dormer

## Hurling Alley Games

Check out the "Blog" section of The Green and White Website ([www.thegreenandwhite.com](http://www.thegreenandwhite.com)). Lots of interesting photos and articles await you there, including Henry Martin's review of efforts on behalf of Cumann na mBunscol to develop hurling games suitable for young people to play in a Hurling Alley.



# Ger Power A Tribute

Ger Power was Secretary of South Limerick Cumann na mBunscol for over quarter of a century. He was appointed Rúnai when the Board was founded in 1980 and served in that role until his death last November. Ger started his teaching career in Sexton Street CBS, moving on to Hospital CBS, before being appointed principal in Knocklong N.S. Among his former pupils who went on to star for Limerick are T.J. Ryan and James Ryan.

Ger was the driving force behind Cumann na mBunscol activities in South Limerick. His boundless enthusiasm, his cheery disposition and his interest in promoting Gaelic Games marked him out as a man apart. He was also a selector with the Limerick Primary Game teams. His colleagues in South Limerick paid tribute to Ger at a surprise gathering last June to honour three decades of dedication to the cause of Primary Schools GAA. Among the guests were Seán Kelly MEP (& former President of the GAA).

Ger's love of Cumann na mBunscol was equalled only by his love of his own club, the Bouncers. Ger served in a variety of roles with Garyspillane and was author of their award-winning club history. Ger will be m fondly remembered by all who had the good fortune to know him.

Ar dheis Dé go raibh a anam.



**Mike O'Connor, Ballyagran NS and Lisa Power, Glenbrohane NS at the surprise party to mark Ger Power's contribution to Gaelic games**

**Seán Kelly MEP & former President of the GAA made a presentation to Ger Power at a function in his honour**



**Ger Power and former pupil, T.J. Ryan**



**Ger Power, Teresa Moran, former Treasurer of the South Schools Board and Mary Coffey, former Chairperson of the Board**

# West Limerick win Allianz Sarsfield Cup



**West Limerick are back** at the top of the football pile after a superb victory in the Allianz Sarsfield Cup at Páirc na nGael. The experiment of playing the interdivisional competitions under lights proved a great success.

The semi finals were played in separate venues. In Doon, South Limerick defeated the East comprehensively to reach the final. West Limerick were put to the pin of

their collar to defeat holders Limerick City by 1-4 to 0-5 in Foynes.

In the final, West Limerick won a titanic struggle on a scoreline of West Limerick 1-6: South Limerick 0-3.

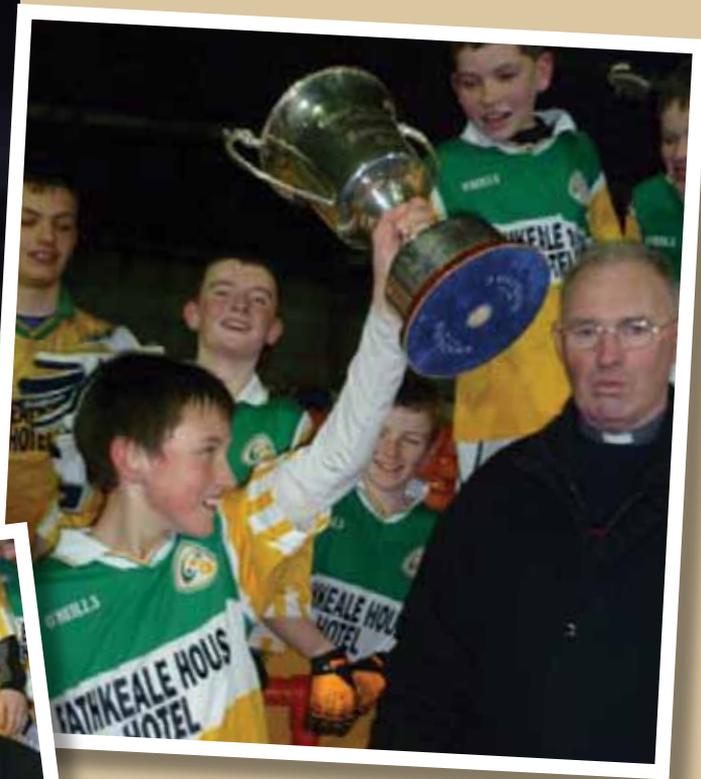
After the game, Brother Dormer, Chairman of Cumann na mBunscol, presented the Allianz Sarsfield Cup to West captain Diarmuid Kelly.

Trevor Mann of Ballybrown was an excellent referee.

## Sarsfield Cup Final

West Limerick 1-6 : South Limerick 0-3

Luke Mackosy, Oran Collins and Michael Murphy all Adare boys, celebrate victory in the Sarsfield Cup at the Gaelic Grounds



West captain Diarmuid Kelly celebrates victory Sarsfield Cup



Brother Dormer of Cumann na mBunscol presents the Sarsfield Cup to West captain Diarmuid Kelly



Sarsfield Cup runners-up South Limerick



### Info-Box

West Limerick are managed by Tim Crowley and among the backroom team is Limerick senior star Ian Ryan of Shanagolden.

West Limerick celebrate with the Sarsfield Cup

# U.S. ARMY HURLERS

A short excerpt from a blog conversation on the Pentagon T.V. website

Returning to the U.S.A. from Iraq, an American army jet touched down at Shannon Airport to re-fuel. It was 2 o'clock in the morning; the tired soldiers availed of the opportunity to stretch their legs and relax in the airport lounge before the last lap of their journey home. It was there, at this late hour, they saw a game of hurling on TV. But, what happened next was amazing.

The intensity and passion of the sport struck the men, especially their leader, Captain Ray Valas. There and then he decided that he wanted his men to learn how to play hurling when they returned to New Hampshire. He set about his task with aplomb. He researched the history of hurling and told his men that it originated about 2,000 years ago and that Irish chieftains used it to train warriors for battle. "Something with that resonated with us as soldiers and made it easy to hook guys into trying it out. You know, this is a warrior sport. Are you a warrior or not?"

True to his word, Valas established a hurling team for his men as soon as he got home. The Barley House Wolves as they are known today were fast learners and quickly established themselves as a force to be reckoned with. In recent times, the 'Wolves' have enjoyed a V.I.P. tour of Croke Park and played in a match against an Irish army hurling team.

In the documentary, "Two Fields, One Team" made for American TV, Valas explains that hurling was an outlet for his men that was, "healthy, physical and positive". He describes it is a game that Americans could instantly fall in love with because it is high-scoring and encompasses aspects of many other sports loved by Americans such as baseball, football, rugby, hockey and soccer.

If you want to see highlights of some 'Wolves' matches, view the TV documentary or watch a video record of their recent visit to Ireland start your Google search with, "Two Fields, One Team" or "Barley House Wolves." Enjoy!

G&W



## BLOG CHAT

Reprinted below is a **Blog Conversation** published on the Official Website of the Pentagon TV Channel (U.S. Department of Defence).

• A bunch of US soldiers saw hurling being played on a television while taking a break in Shannon coming back from Iraq in 2004 and their chief decided to start a team when they came back to America. A documentary on the team was broadcast on The Pentagon Channel. Over 30 million people watch the channel!

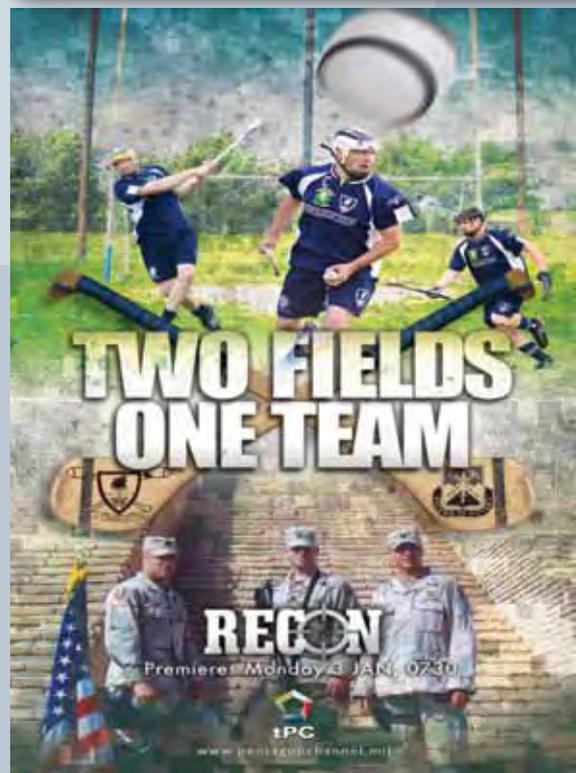
• Are they any good?

• Given that the yanks dress in suits of armour to play their "football" how do they manage hurling? Do they stick the hurl out the window of their Hummers?

• It would be fantastic if this took off in the USA as its a brilliant game and would do wonders for the Irish Tourist Trade.

• The yanks would want 50 players per team and a match would take about 6 hours.

• No the Americans would turn it into a World Series and wouldn't allow Ireland to play!



Promo material for 'Two Fields, One Team'

# Scoil an Spioraid Naoimh are County Football Champions



## Semi Finals

Scoil an Spioraid Naoimh defeated South champions Scoil Mocheallóg.

Christ the King BNS, Caherdavin defeated Courtenay Boys NS.

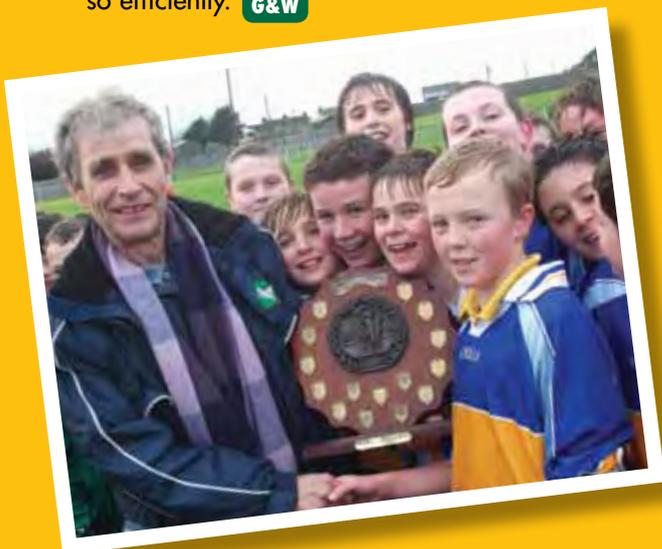
Scoil an Spioraid Naoimh are the county football champions following their victory in the Allianz County Football Shield, played in Mick Neville Park, Rathkeale. Scoil an Spioraid Naoimh overcame city champions, Christ the King BNS of Caherdavin in a memorable final. The sides were tied at the interval on a scoreline of one point each but goals by Rory Casserly and the excellent Cian Cusack and a point by Brian Ryan sealed a well-deserved victory for the East champions.

Paul Kennedy of Cumann na mBunscol Luimnigh presented the Allianz County Football Shield to Brian Ryan, captain of Scoil an Spioraid Naoimh. He thanked referee Billy Phillips and his linesmen for carrying out their duties so efficiently. **G&W**

Roxborough celebrate victory in the East final



Home are the heroes! Joyous assembly at Scoil an Spioraid Naoimh



Paul Kennedy presents the County Shield to Roxborough captain, Brian Ryan

### Info-Box

The Allianz County Football Shield is contested by the 15-a-side A champions of each of the four Divisions within the county

### Info-Box

This is the first time that Scoil an Spioraid Naoimh, Roxborough won the County Football Shield

# Michael's Medal

## West Limerick Win Their First Mackey Cup

Michael Collins poses  
with his medal at  
Collins' Bar & Restaurant,  
Main St., Adare

Michael's 1983  
Mackey Cup medal



Michael Collins was working in his bar and restaurant in Adare one winter evening when a customer greeted him with the words, 'We played hurling together! We were on the first West Limerick team to win the Mackey Cup.'

And the memories came flooding back. 1983 was the second staging of the Mackey Cup. The final was a closely-contested affair with the West defeating South Limerick by 4-2 to 3-3. One thing Michael would love to have is a photo of the team.

A phonecall to Noel Liston solves that problem. Noel Liston was Chairman of the West Limerick Primary Schools Board from its foundation in 1976 until he retired from teaching a few years ago.

'Leave it with me,' is Noel's response.

'We didn't even have our own jerseys in those days', says Noel. 'We had to borrow a set from the Courtenay Boys School in Newcastle West.' Noel Liston paid a visit to Michael's premises in Adare a few days after our phonecall and took a black and white photo out of a faded envelope. The two men studied the photo and identified the personnel who made history on that far-off day. Our young readers will be struck by the fact that only 5 of the starting 15 wore helmets and also by the length of the hurleys.

Michael was captain of the Adare CBS team that won the West primary schools title that year and lined out at centre half back on the West team.

Adare were trained by the legendary Brother Dwan. 'There were six Adare lads on the team. Brother Dwan sent us to Knockaderry for trials and we all made the team. It was played in the Gaelic Grounds, says Michael,' as he showed us the medal he won almost 30 years ago. A few days later, Brother Dwan brought all the pupils in the school into the *Halla* to watch a video of the Mackey Cup final.

After the Mackey Cup, a Limerick Primary Schools team was chosen to travel to play Galway in Athenry. Michael captained the team. The match was played in torrential rain. 'I remember that on one occasion, I pulled on a ball and my hurley flew out of my hand. The hurley went further than the ball!'

'The medal is so special to me because it's a Mackey Cup medal and so few fellas have one. Very few of us in Adare have one.'

With that, Michael puts his historic medal away. And gazes at the black and white photo from 1983 that now adorns his wall. **G&W**



# THE MACKEY CUP

## The West Limerick Mackey Cup team of 1983

Back row (left to right)  
**Michael Collins** (Adare CBS) Capt.  
**Dermot Fenton** (Monagea NS)  
**John Kenny** (Mahoonagh NS)  
**Brian Butler** (Adare )  
**David Murphy** (Courtenay BNS,  
 Newcastle West)  
**Billy Scanlon** (Monagea NS)  
**Pat Gilbourne** (Mahoonagh NS)  
**Cathal Sheehy** (Adare )  
**Donie O'Sullivan** (Mahoonagh NS)

Front:  
**Thomas Hennessy** (Ahalin NS)  
**Pat Gilbourne** (St Joseph's NS, Rathkeale)  
**Jack Fitzgerald** (Adare)  
**Pat O'Brien** (Mahoonagh NS)  
**Garrett Reidy** (Dromcollogher NS)  
**Michael Moore** (Adare)

Manager: **Noel Liston**



Noel Liston

West Limerick, Mackey Cup  
winners 1983



# City Girls Shoot Out the Lights to win Larkin Shield



City captain Niamh O'Keeffe accepts the Larkin Shield 2010-2011 from Brother Dormer

Referee Shane Florish meets captains Niamh O'Keeffe and Leanne Frewen before the Larkin Shield final

Limerick City winners of Larkin Shield

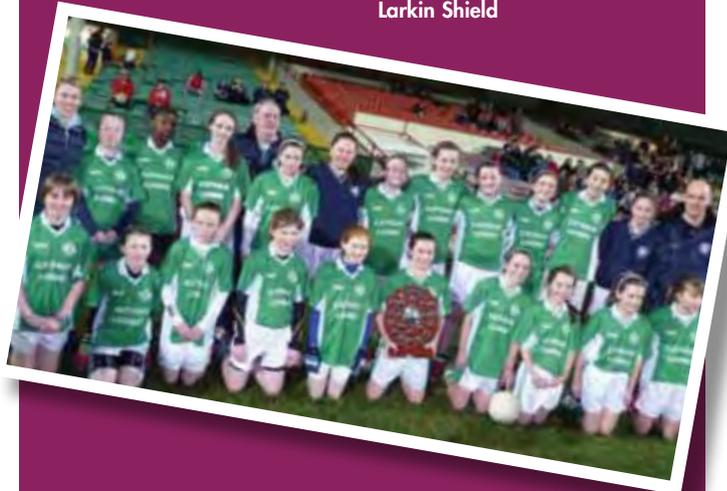
The girls of Limerick City made history on the double when they won the Allianz Larkin Shield for the first time in the first Limerick Cumann na mBunscol final to be played under lights.

Páirc na nGael has rarely hosted a game of such quality and the future for Ladies Football in Limerick is assuredly bright.

In a thrilling final, Limerick City defeated South Limerick on a scoreline of Limerick City 1-6: South Limerick 2-1.

Limerick City led by 1-3 to no score after 18 minutes of the first half but the South scored two cracking goals to tie up the score at the interval.

Limerick City emerged victorious after a second half that held the large attendance captivated until the final blast on referee Shane Florish's whistle.



South Limerick runners-up in Larkin Shield

## Final Result

Limerick 1-6 : South Limerick 2-1



The City team in their training tops sponsored by Philip Danaher of McDonalds





# Cumann na mBunscol National Awards

Doon CBS receive their award for Small School of the Year

Recognition and huge encouragement for promotion of Gaelic games in Limerick

There was good news aplenty for Cumann na mBunscol Luimnigh at this year's National Awards at Croke Park.

The Pat Trainor Memorial 'Hall of Fame' award went to Mr. Paul Kennedy, the former Principal of Lisnagry N.S. Mr. Kennedy was the most surprised person in the room when the announcement was made. It came as no surprise to anyone else, however, as all were very well aware of the superb work Paul does for the youth of Limerick as a G.A.A. coach, organiser, mentor and manager.

Doon CBS and Ballybrown NS were among the schools that received formal recognition for the GAA work-programmes overseen by staff members in the respective schools. Indeed, Doon CBS were the overall national award winners in their category, once again, much to the delight of school principal Br. James Dormer and his staff, all of whom were present on the night to celebrate their mighty success.

Also in the winner's enclosure was The Green and White Magazine which was named "Best National Publication". Speaking after the ceremony, the delighted editors stated, "This award belongs to the schools and clubs in Limerick that have supported the magazine since it first saw the light of day in 1996. Their goodwill and financial support have ensured that The Green and White has not just survived through hard times but, rather, has grown and improved year on year. The cash prize that goes with the national award is also very welcome and will go some way towards ensuring that the magazine will continue as a full-colour publication." **G&W**



Bernie and Paul Kennedy, Paul Collins (Today FM) and Joe Lyons pictured after Paul Kennedy received the Pat Trainor Memorial 'Hall of Fame' award



Joe and Ciaran, editors of the Green & White magazine receive the award for best national publication



The teaching staff of Doon CBS: Mary O'Dwyer, Elizabeth Breen, Br. J. L. Dormer and Joanne O'Connell

# Maurice Horan, Leading Limerick

Meet Limerick's Senior and Under 21 Manager

'If you want a job done, ask a busy man'. Well, if you want a busy man, look no further than Maurice Horan, the Mayo native who has been handed the bainisteoir's bib by the Limerick Football Board. Maurice is guiding the fortunes of the Limerick senior footballers AND the Limerick Under 21 team as well as holding down a busy job as an IT Systems Engineer.

So on four nights every week, Maurice can be found on the training pitch in Rathkeale with either the senior or Under 21 squads while weekends are occupied with National League or challenge matches.

Because of his IT skills, Maurice also fills the role of video editor (and analyst) for the Limerick teams, pinpointing incidents in games to show the players their strengths and weaknesses.

When the Green and White caught up with Maurice, he had just received confirmation that Jim Donovan had sustained a fracture to his jaw during the previous Sunday's game against Waterford. 'That makes a total of 17 of last season's panel who are unavailable for one reason or another,' he noted ruefully.

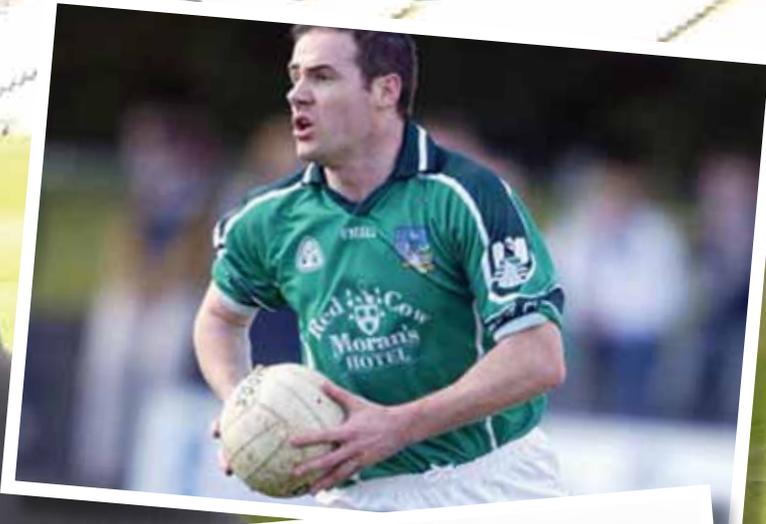
Maurice was born in Castlebar, birthplace of Taoiseach Enda Kenny and grew up in Ballinrobe where he attended the local Christian Brothers National School. Indeed, Maurice has fond memories of football leagues in the school organised by Michael Keane, a member of the teaching staff.

When he does have some time off, Maurice likes to listen to his favourite band, The Smiths.

G&W



Maurice played senior football with both Mayo and Limerick



I have a lot of respect for Stephen Lucey. For any man to be able to play intercounty at the top level in both football and hurling for as long as he has is remarkable.'

I'd like to see more consistency from referees in defining what is a tackle.

Limerick is a great sporting city and county. It's bursting at the seams with sporting talent.

### The Horan File

- Name:** Maurice Horan
- Club:** Na Piarasaigh
- Favourite Food:** Steak
- Last film you saw in the cinema:** Inception
- Favourite TV programme:** The Sunday Game
- Hobbies:** Reading
- Highlight of GAA career:** Being appointed manager of Limerick
- Favourite venue:** Gaelic Grounds
- Ambition:** To win a Munster title with Limerick
- Sporting heroes of childhood:** Mayo footballer Liam Mc Hale and Basketball superstar Larry Byrd
- Advice to young players:** Practise, Practise, Practise
- If there was a transfer system in Gaelic Football, who would you like to buy for Limerick?** Declan O'Sullivan of Kerry

### Things you might not know about Maurice Horan

He is a big fan of the Smiths and attended their last concert in this country.

Maurice's brother is Liam Horan, formerly Gaelic Games correspondent of the Irish Independent. Liam can be heard on Sport around Seven on RTE Radio 1 during the summer when he fills the role of 'Championship Man'.

Maurice played a great deal of basketball in his younger days and believes that it is a game suited to developing Gaelic Football skills. Current Limerick star John Galvin plays Premier Division basketball with St Mary's of Castleisland.

## Bounce !

A G&W book review that may inspire you to excel

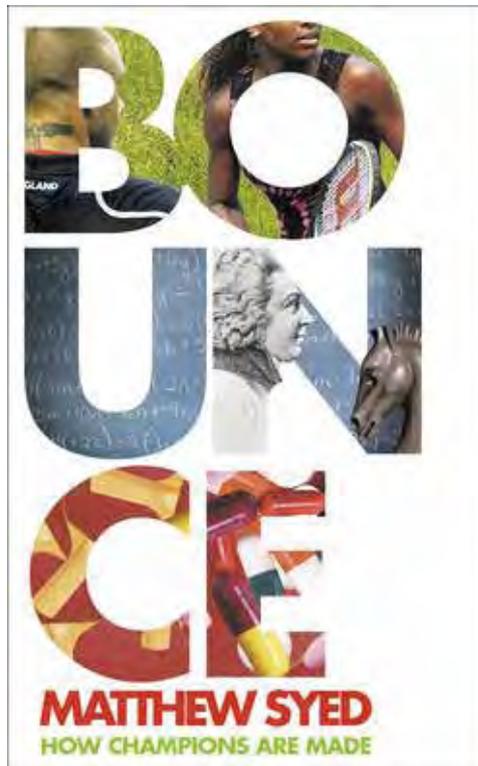
How often have you heard it said by your teacher, your coach or your parents? 'Practice makes perfect.' Well, they're only half right. Perfect practice makes perfect or, to be precise, purposeful practice makes perfect.

Thomas Edison, the legendary inventor, stated his success was down to 1% inspiration and 99% perspiration. In this book, the author Matthew Syed puts forward the theory that the success of outstanding performers, from Bill Gates to the Beatles, could be explained by the "ten thousand hour rule" — the minimum time necessary for the acquisition of expertise in any complex task. David Beckham, Wayne Rooney and Roger Federer were not born with extraordinary skill or natural gifts but they practise and practise until they perfect their mastery of the skills needed in their sport. The same applies to Henry Shefflin, Colm Cooper and Niamh Mulcahy. Remember that Henry Shefflin never made the Kilkenny minor team. But that didn't stop him. He just went out and trained and practised harder than ever.

'Bounce' looks at performers in all fields— chess Grand Masters, musical prodigies, Olympic gymnasts--and they all had one thing in common; hours of practice. The message of the book is clear: success is possible for all of us, but it comes with hard work and self-belief rather than innate ability.

**Bounce** by Matthew Syed  
(published by Fourth Estate) is available from all good bookshops

*purposeful  
practise  
makes  
perfect*



Henry Shefflin



David Beckham



The Beatles



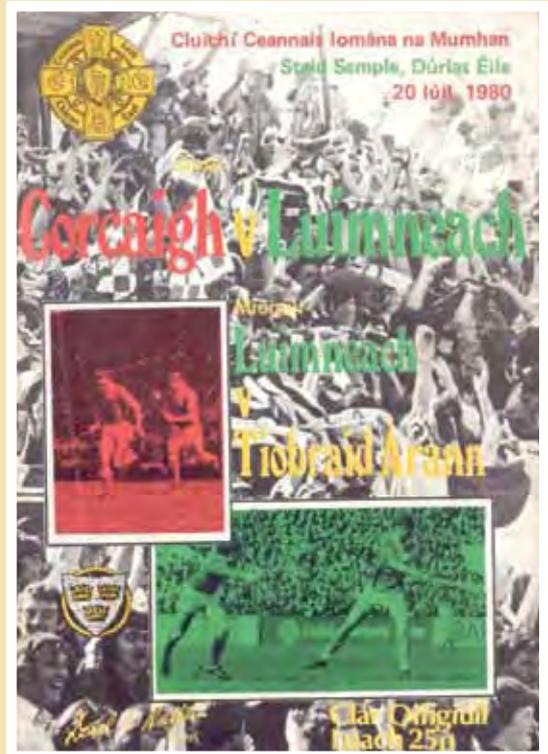
# The Lunden Eye!

James Lunden casts a nostalgic eye over some of the Limerick GAA programmes in his vast collection

# 1980 Munster Hurling Final

JAMES LUNDON

The programme for the final - my first - was standard for that era. It was thirty-two pages and cost 25p for this Clár Oifigiúil. The match ticket cost the princely sum of £3 for the Old Covered Stand in Thurles. Limerick were in both finals that mid-July day, losing the minor game by 13 points but gaining a famous victory over the Rebels by four in the senior contest. Limerick were 9/2 for the game, having lost the league final (in a replay) less than two months before to the same opposition. I went to the game from the station in Dromkeen on a special train and came home a very proud pre-teenager, not knowing that I'd still be waiting over 30 years later to see our beloved reach the promised land of 'Liam'. We continue to live in hope though!



1980 Munster SHC final programme

1980 Munster SHC Final: The teams as they appeared in the official programme

## CORCAIGH

*Dearg agus bán Red and White*

(1) Tadhg O Murchú  
Tim Murphy (Blackrock)

(2) Brian O Murchú  
Brian Murphy (Winds Rangers)

(3) M. O Dochartaigh  
Martin Doherty (Glen Rovers)

(4) S. O h-Orgháin  
John Horgan (Blackrock)

(5) D. O Cochláin  
Denis Coughlan (Glen Rovers)

(6) S. O Cruaioich  
John Crowley (Bishopscove)

(7) D. Mac Curtáin  
Dermot McCurtain (Blackrock)

(8) S. O Fiannachta  
John Fenton (Middleton)

(9) T. O Giosáin  
Tom Cashman (Blackrock)

(10) S. de Barra-Murchú  
Jimmy Barry Murphy (St Finbarr's)

(11) P. O h-Orgháin  
Pat Horgan (Glen Rovers)

(12) Tadhg O Cruaioich  
Tim Crowley (Wexford)

(13) S. O Laoire  
Sean O'Leary (Youghal)

(14) R. O Cuimín  
Roy Cummins (Blackrock)

(15) E. O Doninchú  
Eamonn O'Donoghue (Blackrock)

**Fir Ionaid:** (16) Ger Cunningham (St Finbarr's); (17) Denis Burns (St Finbarr's); (18) Donal O'Grady (St Finbarr's); (19) Pat Moylan (Blackrock); (20) Danny Buckley (Blackrock); (21) Charlie McCarthy (St Finbarr's).

| Comhairle     | Clár | Cluichí | Scóir | Stáin | Stáin Poinnne |
|---------------|------|---------|-------|-------|---------------|
| East Limerick | 1    | 3       | 10    | -     | 8             |
| West Limerick | 1    | 7       | 7     | 2     | 4             |
| Imeall        | 2    | 10      | 17    | 2     | 12            |

## LUIMNEACH

*Glas agus Bán Green and White*

(1) T. Mac Uaid  
Tommy Uaid (Fochuagh)

(2) D. O Muirí  
Donal Murray (Croom)

(3) L. MacLonnrechtáigh  
Leonard Enright (Patrickswell)

(4) D. De Puinte  
Don Furch (Patrickswell)

(5) P. Mac Muiris  
Paudie Fitzmaurice (Kilmeely)

(6) M. O Cearúil  
Mossie Carroll (Garryspillane)

(7) S. O Foghlú  
Sean Foley (Capt.) (Patrickswell)

(8) S. O Cearúil  
Jimmy Carroll (Knockanoy)

(9) D. De Puinte  
David Punch (Patrickswell)

(10) L. O Donchú  
Liam O'Donoghue (Munret)

(11) S. O Flanagáin  
John Flanagan (Fochuagh)

(12) L. Mac Muiris  
Willie Fitzmaurice (Kilmeely)

(13) O. O Conchúir  
Ollie O'Connor (Ballynascaw)

(14) S. MacCionaoith  
Joe McKenna (South Liberties)

(15) E. O Cragáin  
Eamon Cregan (Cloughane)

**Fir Ionaid:** (16) Siomús O'Sullivan (Toomeville); (17) Eamonn Grimes (South Liberties); (18) Paddy Kelly (Kilmallock); (19) Brian Carroll (Garryspillane); (20) Pa Foley (Patrickswell); (21) Ger Mulsaly (Dromon Athléasa); (22) Col O'Keefe (Ballynascaw); (23) Mike Grimes (South Liberties).

| Comhairle     | Clár | Cluichí | Scóir | Stáin | Stáin Poinnne |
|---------------|------|---------|-------|-------|---------------|
| East Limerick | 1    | 7       | 6     | 1     | 8             |
| West Limerick | 1    | 7       | 4     | 1     | 6             |
| Imeall        | 2    | 14      | 10    | 2     | 14            |

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# Harry Potter and the Limerick Hurling Connection

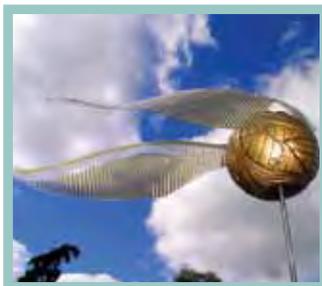
**What's the connection?** It's hurling-mad Limerickman, Donal Lynch from Murroe. Donal's daughter Evanna is known to millions of fans of Harry Potter worldwide as the actress who plays Luna Lovegood in the blockbuster movie series.

We caught up with Donal recently and there's no doubt about it—the man is mad for Limerick hurling! His interest is as strong now, if not stronger than it was when he left Limerick for County Louth in 1972. Donal was a delighted spectator at Cusack Park, Ennis this spring to see Limerick make a winning start to their 2011 NHL campaign. He admired the style of play Limerick displayed in Donal O'Grady's first match in charge. "Things are looking up!" he added cheerfully. Donal was keen to talk about Tommy O'Brien's stunning last-minute goal for U.L. in their Fitzgibbon Cup final victory over L.I.T. He was equally thrilled about Ardscoil Ris winning their second Harty Cup final in-a-row. Living in the village of Termonfeckin, Co. Louth almost 150 miles from Limerick, Donal is more up-to-date on local hurling affairs than most locals!

Style is a big thing with Donal. The style he favours most is Limerick's traditional style, "ground hurling—direct, fast, strong". He saw something of this style in the

Limerick Under 21 team trained by Ciarán Carey a couple of years ago. Donal is also a great believer in emphasising the skills of the game in training. His long-time friend Fr. Pa O'Brien, another hurling-mad Limerickman in exile (with strong connections to St. Patrick's GAA Club), is in agreement—so it stands to reason that Eamon Cregan is a particular hero of both men.

Speaking of Cregan, Donal chuckles as he tells us that at home one day a radio sports presenter announced, "Up next is Eamon Cregan". My lads were agog and shushed each to hear what Cregan had to say, when Evanna piped up, "Who's he?" The reaction in the room was one of shock! "To us that was like asking, who is Bertie Ahern? or something," said Donal.



Evanna's siblings are sisters Emily and Mairead and younger brother, Patrick. "The kids loved The Green and White Magazine when they were younger. We looked for it every time we came home to Murroe. I'm delighted to see it's still going strong", said Donal. "The kids play hurling and camogie up here and they're quite good. Mairead was named camogie player of the year at her club last year and Patrick was named Louth Under 16 'Hurler of the Year' for 2010.. Patrick's dream is to play for Limerick."

Here's hoping that Limerick give the Lynches lots of opportunities to *lovegood* hurling in 2011 and beyond! **G&W**



Donal, Evanna & Marguerite Lynch



Evanna at work on Harry Potter



The Lynches

## Miriam O'Callaghan Meets the Lynches

*Miriam Meets, First broadcast November 19th, 2010 (RTE Radio 1)*

### Excerpt:

**Donal Lynch:** "Evanna was only about three years of age and she had a great way of coming up with a line you would remember forever. Limerick were in an All-Ireland final in 1994. And of course I was all up for it. I had the green jersey on me and I was hurling balls out the field...and the kids with me. There were all these slogans like "Limerick are Magic." All these companies were inventing them, you know. Evanna invented the best slogan of all! She said, "We're all up for Limerick!" She was only about three years of age at that stage and I thought it was a great line".

### Regarding Murroe

Donal (who is from Murroe,

Co. Limerick): "Murroe is best known for Glenstal Abbey; Canon Hayes the founder of Muintir na Tire and I suppose every schoolboy in Munster aspires to winning a Harty Cup medal and Bishop Harty also came from the Parish of Murroe. GAA's very big there. It's a hurling stronghold".

### Evanna goes Potty as big screen wins over her dad

*By Louise Hogan (Irish Independent, July 9th, 2007)*

IT was a toss-up between the Munster Final or the Harry Potter premiere for the family of Irish star Evanna Lynch, but in the end the magic of the big screen won out.

Lamenting missing the heroics of the hurling clash between Limerick and Waterford, the Harry Potter star's proud Dad, Donal Lynch, revealed yesterday that he'd told Warner Brother's chiefs they were putting him in

an "incredible dilemma" holding the premiere on the same day.

"My dad was really torn between the Munster Final," said Evanna, joking he'd probably be nipping out to check the score.

Limerick man Donal said: "I'd love to be in Thurles, I'd love if I could do the two but I couldn't let Evanna down. We are very proud of her.

"But I haven't missed a Limerick game since 1958 except for when I've been out of the country," he added.

### Following Limerick

*In an interview with Donal O' Regan of The Limerick Leader*

Donal Lynch explained that his daughter Mairead sold her tickets to Oxegen to attend a Limerick hurling match. However, a few years earlier Evanna read a Harry Potter novel during Limerick's All-Ireland quarter final clash with Wexford at Croke Park in 2001!

### What's Evanna up to these days?

- She is 19 years old.
- She is studying for her Leaving Cert.
- She plays Luna Lovegood for the final time in Harry Potter and the Deathly Hallows, Part 2, which will be released this summer.
- She says she will really miss being part of the Harry Potter family which has been a huge part of her life since 2006.
- She is considering a move to London after the Leaving Cert to pursue a career in acting.



Weird sliotar

**Donal Lynch has kindly agreed to write for next term's issue of The Green & White. It's not to be missed!**

# Focus on Ladies Football

## Catherine Murphy All-Ireland winner with Limerick

**Name:** Catherine Murphy  
**Club:** Mungret St Paul's  
**Primary School:** St Paul's NS Dooradoyle

**Favourite TV programme:** Gray's Anatomy  
**Favourite Band:** U2  
**Last film you saw in cinema:** Blindsight  
**Favourite film:** Shawshank Redemption  
**Favourite Car:** Toyota Avensis

**Highlight of your GAA career:** Winning All Ireland 2010  
**Sporting ambition:** To play again in Croke Park  
**Sporting hero (any sport):** David Wallace (Munster & Ireland)



Catherine Murphy, Limerick Ladies Football goalkeeper reads Limerick's top-selling sports magazine



Limerick captain, Sandra Larkin celebrates All Ireland victory with supporters Sive & Maeve O'Halloran

Ballybrown NS at Girls Football Blitz March 2011



Mayor Maria Byrne throws in the ball for the start of the City 3rd and 4th class Gaelic Football Blitz for Girls



Ladies Gaelic Football logo



# Handball

## is Making a Comeback in City Schools

By Mary Neville

**GAA handball** is making a big comeback in schools across Limerick. An Mhodscoil in O'Connell Avenue is home to Limerick's newest juvenile handball club—Laochra Láimhe na Modhscoile—which was founded in May 2010 and has since gone from strength to strength. The school has excellent handball facilities and coaches Donal Hayes and

Ger Downes have been giving the children the opportunity to learn and develop handball skills. An Mhodscoil was featured recently on TG4's Handball Show. The school team has won many prizes in its short history and is proud to boast of its recent successes:

- 5 winners in the Limerick 40x20 Co. Juvenile Championships:

- Renee Leslie/Méabh McCarthy (U11 doubles), Caitriona Millane (U11 singles), Caoimhe Sheehan (U12 singles) and Roisín Howard (U13 singles)
- 2 representatives at the Cumann na mBunscol Munster championships: Clodagh Neville (U13 singles) and Caitriona Millane (U11 singles) who won Corn na Mumhan.

**Model School pupils, Caoimhe Sheehan and Roisín Howard represented Limerick in a recent primary school competition**



Clodagh Neville and Caitriona Millane, members of Laochra Láimhe na Modhscoile, represented Limerick in a recent Cumann na mBunscol competition



An Mhodscoil Limerick 40x20 champions. Renee Leslie, Caitriona Millane, Méabh McCarthy, Róisín Howard, Caoimhe Sheehan



# Results+++Results+++Results+++

## Results of the Gaelic football finals from the 4 Limerick Divisions

\*Leagues completed during Term 1 of the 2010/2011 School-year

### City Schools Football Results

|                    |                    |                              |
|--------------------|--------------------|------------------------------|
| Comórtas           | Winners            | Runners-up                   |
| Under 11A Boys     | Scoil Chriost Ri   | St. Nessian's N.S.           |
| Under 13A Boys     | Scoil Chriost Ri   | St. Nessian's N.S.           |
| Under 13 B Boys    | An Mhodscoil       | Scoil Iosagáin, CBS          |
| Under 13C Boys     | Gaelscoil Sáirséal | St. Mary's BNS               |
| Under 11.5 Girls   | Monaleen N.S.      | Our Lady Queen of Peace N.S. |
| Under 13A Girls    | Monaleen N.S.      | St. Paul's N.S.              |
| Corn na Modhscoile | Milford N.S.       | St. Nessian's N.S.           |

### South Schools Football Results

|               |                |             |
|---------------|----------------|-------------|
| Boys football | Winners        | Runners-up  |
| Roinn A       | Kilmallock BNS | Bruff NS    |
| Roinn B       | Croom NS       | Hospital NS |
| Roinn C       | Manister NS    | Emly NS     |
| Roinn D       | Banogue NS     | Effin NS    |
| Roinn E       | Knockadea NS   | Bulgaden NS |

### West Schools Football Results

|                  |                      |                         |
|------------------|----------------------|-------------------------|
| Comórtas         | Winners              | Runners Up              |
| <b>BOYS:</b>     |                      |                         |
| Div. 1 15-a-side | Courtenay School NCW | Abbeyfeale              |
| Div. 2 13-a-side | Shanagolden NS       | St. Joseph's, Rathkeale |
| Div. 3 11-a-side | Dromcollogher NS     | Kilfinny NS             |
| Div.4 9-a-side   | Raheenagh NS         | Broadford NS            |
| Div. 5 7-a-side  | Kilcolman NS         | Cappagh NS              |
| <b>GIRLS:</b>    |                      |                         |
| Div. 1 9-a-side  | Broadford NS         | Monagea NS              |
| Div. 2 7-a-side  | Ballinarry NS        | Kilcornan NS            |

### East Schools Football Results

|                  |  |              |
|------------------|--|--------------|
| Comórtas         | Winners                                    | Runners-up   |
| 13 a side A Boys | Roxborough                                 | Crecora      |
| 13 a side B Boys | Lisnagry                                   | Killinure    |
| 13 a side Girls  | Crecora                                    | Doon Convent |
| 9 a side Girls   | Donoughmore                                | Killinure    |
|                  | <i>(Donoughmore won by 1 point in AET)</i> |              |
| Boys 11 a-side A | Tineteriffe                                | Nicker       |
| Boys 11 a-side B | Caherline                                  | Oola         |
| Girls 7 a-side   | Oola                                       | Cappamore    |
| Boys 7 a-side A  | Garrydoolis                                | Cloverfield  |
| Boys 7 a-side B  | Bohermore                                  | Kilteely     |



Ahane N.S. indoor hurling team



Caherline N.S. indoor hurling team



Donoughmore N.S. indoor hurling team



Doon C.B.S. Indoor Hurling team



Killinure N.S. indoor hurling team



Lisnagry N.S. Indoor hurling team, first time East champions

# Limerick City Schools

A selection of photos from the City Division



Milford NS mini 7s hurling team 2011



Evan Cusack, Scoil Christ Ri in the Down colours before his star turn in Croke Park, poses with INTO President Jim Higgins



Ballybrown NS Olo Cup team 2010



Scoil Christ Ri past pupils Ciaran Keogh and Shane Dowling celebrate their Harty Cup success



Captains Emily Hannon & Sinead Madden before the 2010 City Camogie Final



The Limerick City 2010 Sarsfield Cup panel



Denis O'Connor presents the Spillane Cup to Scoil Christ Ri



The Patrickswell NS team at the Ard Scoil Ris hurling tournament

# West Limerick Schools

A selection of photos featuring the best of the West



Christ the Saviour NS, Ballingarry, Division 2 (7-a-side) winners  
(Captain: Rachel Anderson)



Monagea NS Division 1 runners-up



Kilcornan NS, Division 2 runners-up



Scoil Mhuire, Broadford, Division 1 (9-a-side) winners  
(Captain: Laura Stack)



Division 5 (7-a-side) runners-up, St. James' NS, Cappagh



Division 2 runners-up, St. Joseph's NS, Rathkeale



Division 1 runners-up, Abbeyfeale BNS



Division 3 (11-a-Sside) winners, Dromcollogher NS

# West Limerick Schools

A selection of photos featuring the best of the West

WEST



Division 1 winners (15-a-side) Courtenay BNS, Newcastlewest



Division 3 runners-up, Kilfinny NS



Division 2 (13-a-side) winners, Shanagolden NS



Division 4 (9-a-side) winners, Raheenagh NS

## Meet Leanne Frewen

**Name:** Leanne Frewen

**Club:** Ballylanders Girls Football

**Primary School:** Ardpatrick NS

**Have you any pets?** Yes, 5 cats and three dogs

**Favourite TV programme/Movie:** The Simpsons, Save the Last Dance

**Favourite Band:** The Script

**Favourite PlayStation Game:** Fifa 10

**Favourite singer:** Rihanna

**Favourite colours:** Purple and yellow

**Favourite food:** Chicken and chips and strawberries and Pavlova

**Favourite car:** Lamborghini Gallardo sports car

**Favourite Sports Stars:** Brian O'Driscoll and Bernard Dunne

**Last CD bought:** Rihanna - Loud

**Highlights of your GAA career:** Making the South Limerick Girls Primary football panel in 2009 and making the team and being captain in 2010 and playing with Ballylanders girls football team

**Favourite venues:** Croke Park and Knocklong

**Sporting ambition:** To play football with Limerick Ladies Football team in Croke Park

**Which sports do you play?** Football, soccer, swimming, surfing, tennis

**Other hobbies:** Actng, singing, dancing, keyboard, guitar, talking!



## Held over till next term:

Focus on camogie in Templeglantine NS, including a facfile on Aisling Scanlon- and a report on recent camogie successes achieved by school teams, compiled by 6th class pupils in the school.

SOUTH

# South Limerick Schools

A feast of photos from schools in the East



Damian Reale presents the Hospital Herbertstown Under 13 hurlers with their County championship winners medals



The Lough Gur NS Football team



Galbally NS 'South' B Hurling winners



The South Limerick girls football team who played in the 2010 Allianz Larkin Shield



Galbally NS 'South' B football winners



## Darren McCarthy

**Name:** Darren McCarthy

**Club:** Glenroe

**Primary School:** Scoil Mhuire, Glenroe

**Favourite TV programme:**

A League of Their Own

**Favourite Food:** Steak

**Favourite Band:** Tinchy Stryder

**Favourite Car:** Audi

**Favourite Film:** Never Back Down

**Highlight of your GAA career:**

Winning Mackey Cup 2010.

**Favourite holiday venue:** Austria

**Sporting ambition:** To play Senior with Limerick

**Favourite sports star:** Joe Canning

**Your sporting hero of childhood (any sport):**

Joe Canning



South Cumann na mBunscol officers Mike McCarthy and John English

# East Limerick Schools

South schools picture parade

EAST



Bohermore NS footballers



Jonathan Dervan makes the presentation to Crecora NS



Caherline NS



Nicker NS football team



Cloverfield NS.



The Limerick East girls football team who played in the 2010 Allianz Larkin Shield

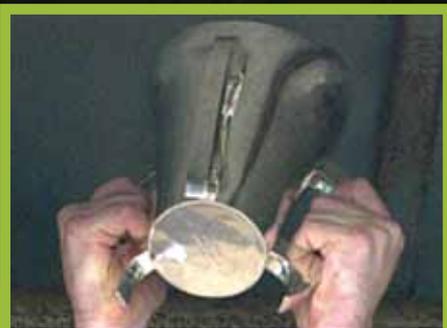


Donoughmore NS girls football team



The schoolboy footballers of Oola celebrate victory in the East finals

# A Harty Meal



**Main Event:** Harty Cup Final  
**Result:** Ard Scoil Ris 3-19 : Charleville CBS 0-3  
**Venue:** Páirc na nGael, Limerick

**Ardscoil Ris Team:** PJ Hall; K Lynch, B O'Connell, D Maloney; A Dempsey, D Hannon, M Moroney; M Ryan, J Shanahan; M Carmody, S Dowling, B O'Connor; K O'Brien, O Hickey, J Fitzgibbon. Subs: C Keogh for Dowling, J Kelleher for Fitzgibbon, C Lynch for Carmody, F Carey for O'Connor.

**Ardscoil Ris Scorers:** S Dowling 0-5 (4f, 1 '65), J Fitzgibbon 1-2, O Hickey 1-1, K O'Brien 1-0, J Shanahan 0-3 (2f), A Dempsey, J Kelleher 0-2 each, M Carmody, B O'Connor, D Hannon, M Ryan 0-1 each. Ardscoil Ris Management Team: Jimmy Browne, Liam Cronin, Natal O'Grady, Derek Larkin and Niall Moran

## And, some Tasty Morsels!

This year's Harty Cup final was technically an all-Limerick affair as both Ardscoil Ris and Charleville CBS play in the Limerick Colleges Championship.

- Ardscoil Ris had joint captains: Declan Hannon (Adare) and Shane Dowling (Na Piersaigh)
- Charleville's captain was Limerickman David Reidy (Dromin-Athlacca)
- Other Limerick players on the Charleville side were Darren Sheehy and Timmy Rae (both Effin) and Mark O'Luoghlin (Kilmallock).
- The 2001 final was the first to be streamed live on the Munster GAA Website ([www.munster.gaa.ie](http://www.munster.gaa.ie)). The video of the match is still available to view on the Munster GAA website.
- On their way to the final, Ardscoil Rís defeated Coláisti na nDéise (Waterford), St. Colman's College, Fermoy (Cork), Thurles CBS (Tipperary) and St. Flannan's College, Ennis (Clare)
- The Harty Cup is named after Dr. John Harty, Archbishop of Cashel and Emly (1913-1946), who was born in Murroe, Co. Limerick in 1867.
- Ardscoil Rís are the third Limerick college to win the Harty Cup. Limerick CBS won 10 titles and St. Munchin's College won the much coveted cup in 1922.
- Ard Scoil's success in 2011 made it 2-in-a-row for the Ennis Road school. Limerick CBS won 3-in-a-row between 1925 and 1927; and 4-in-a-row between 1964 and 1967.



John Fitzgibbon with his primary school principal, Barry O'Riordan in 2005



Shane Dowling with the Limerick Leader Cup in his primary school days

## Interesting Facts

With thanks to Niall Moran

1. Cian Lynch, the youngest member of the panel just turned 15 in January. Cian and his brother, Kelvin are nephews of Ciarán Carey
2. Training frequently took place at 7.30 a.m. before school, at weekends and during holidays
3. Preparation included Goal Setting sessions, motivational speakers, video analysis, gym programmes and training camps
4. This was the fourth year on the Harty Cup panel for Declan Hannon and Shane Dowling
5. There were three sets of brothers on this year's panel: Declan and Jody Hannon, Alan and David Dempsey, Cian and Kelvin Lynch

# Limerick GAA Development Draw 2011

## Here's what you need to know:

- There are 10 monthly draws
- The draws take place on the first Friday of each month from March to December
- More than 300 prizes will be won this year Top prize each month is €18,000

## Here's how adults can get involved:

- Tickets for each draw cost €10
- Contact a local club officer or Limerick Gaelic Grounds to get involved
- Contact details: Limerick Gaelic Grounds, Ennis Road, Limerick (061 325077)
- World Wide Web: go to [www.limerickgaa.ie](http://www.limerickgaa.ie) and click the Development Draw link
- And, remember there's 50% commission available to clubs

## Funds are distributed to:

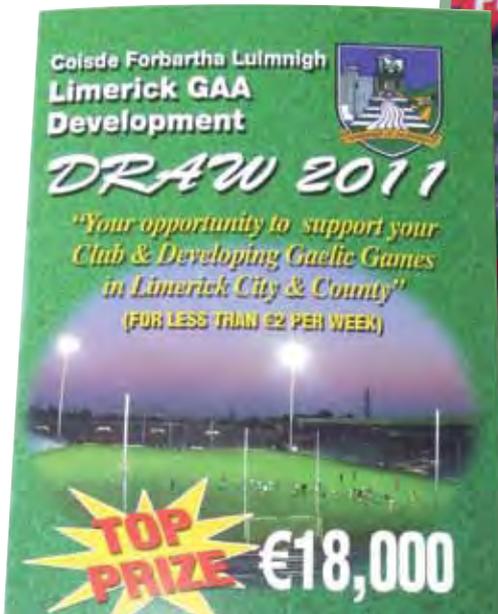
- Gaelic Grounds Stadium
- County Bord na nÓg
- Mick Neville Park/Rathkeale Project
- Primary Schools
- And the award-winning Green & White Magazine.



## A Message from the Chairman

The Development Draw is a great opportunity for everyone interested to show their support for all aspects of the GAA in Limerick. It is now more essential than ever before, in these times of economic difficulties to support the Draw and to let us continue with our plans for future developments. The draw is of huge benefit to Clubs, Bord na nÓg, the Primary Schools and in 2011 we want to be in a position to increase our contribution to Post Primary schools, who are in urgent need of additional funding. I appeal to every Club to make an all-out effort to support and promote the Draw.

**Liam Ó'Loineachain**  
Cathaoirleach Coiste Chontae Luimnigh



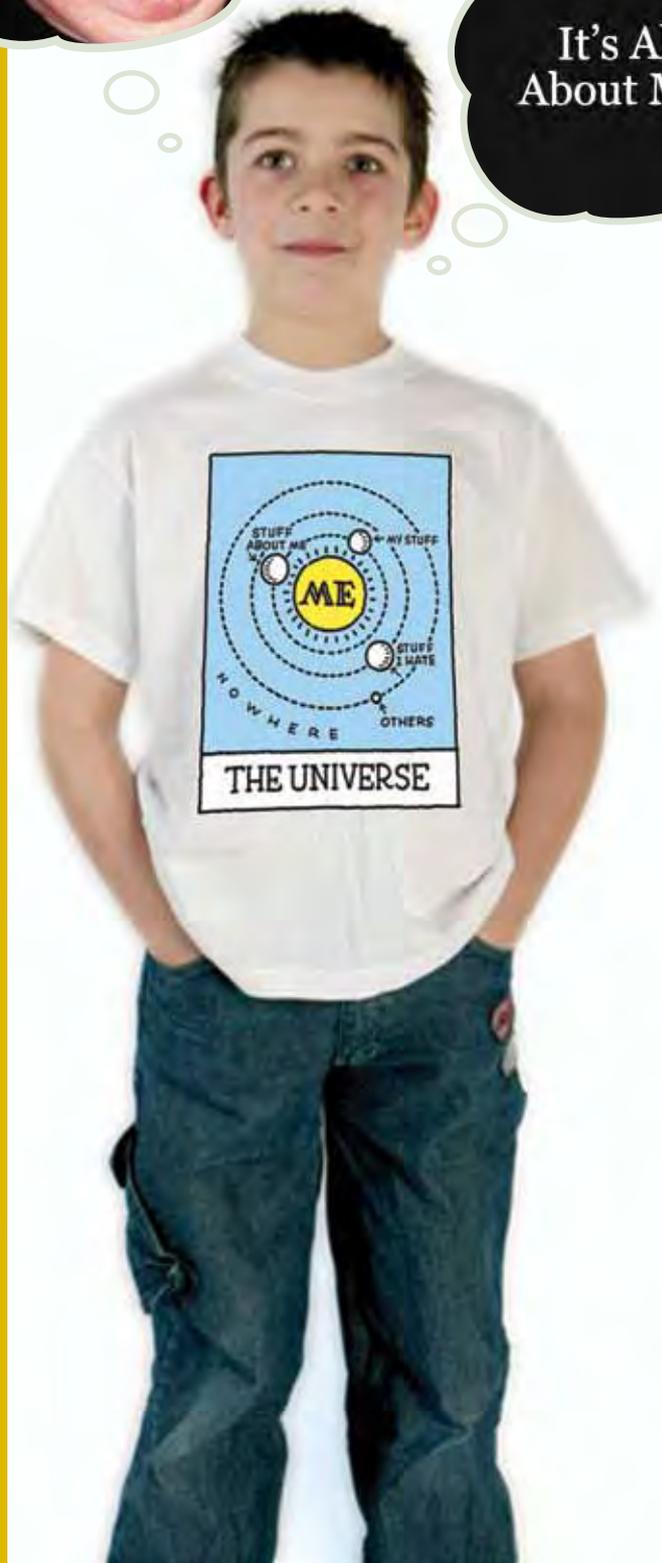
# How to Beat your own Team!

This list of instructions was sent into us by an ardent fan of The Green & White Magazine (name and address with the editors). Read and enjoy...but don't be like Setanta McFanta who always things literally!

1. Feel important by having to be coaxed to join a team.
2. Be very reluctant to turn out for matches.
3. If you do turn out for a match be sure to arrive late.
4. Arrive without togs, socks or boots. Have everyone searching to fit you out.
5. When told your position, tell them that you want to play in some other position.
6. When the team is getting its instructions, turn your back and chat away in a loud voice.
7. If you hear the instructions by accident, never follow them.
8. Try hard only when the selectors are watching.
9. Let someone else chase the ball or the man and get huffed if he won't pass the ball to you.
10. If someone gives you a pass and you miss it, throw up your hands in disgust. Blame him.
11. Try and win the match on your own if the girlfriend is watching.
12. Go on long solo runs to nowhere.
13. Make sure you get your name on the scoreboard and in the paper.
14. If someone on the team likes the ball low, make sure to send it high.
15. Shirk a tackle on anyone bigger than yourself.
16. Nag at your teammates.
17. Shout at the referee.
18. Never give a word of praise or acknowledge a good pass.
19. Start a row and expect your teammates to protect you.
20. Insist on taking close in frees.
21. If someone else has been deputed to take frees, argue with him. Make sure you upset him.
22. When he misses, tell the world.
23. Give instructions as if you were the captain.
24. Tell the captain he is not doing his job.
25. If you can, don't turn up for training—or turn up late.
26. Make it quite clear that you think challenge matches are a waste of time.
27. Get ratty with teammates over every incident during training. It could split the team.
28. Don't train too hard. It's dangerous to be over-trained.
29. Get travelling arrangements mixed up. Blame everyone else.
30. If you are injured, pretend you are dying.
31. Don't be available for away games especially tough ones.
32. Contradict the selectors every chance you get and criticise them behind their backs.
33. When your club is getting fed up with you, change to another.
34. Always join a good club. Winning is more important than playing.
35. Let others put something into the game. It's what you get out of it that matters.



It's All About Me.



# The Green & White Gallery



THE DUBLIN SENIOR HURLING TEAM, beaten, 1-18 to 1-13, by Offaly in last year's quarter-final. Back row, left to right, Joe Morris, Paul Pringle, Ger Hagar, Declan Feeney, John Murphy, John Treacy, John Thompson, John Twomey. Front row, left to right, Niall Howard, Faudie O'Neill, Cautice Hensley, Brian McMahon, Deslie Byrne, M. J. Ryan, Sean Herbert.



A famous rallying call for a famous club

1987 Dublin hurling team featuring East Limerick Development Games Administrator, Sean Og Herbert in the front row, extreme right



Gearoid Downey, Scoil Ide Naofa, Raheenagh, Jim Higgins, INTO President and Brian McPartland Doon CBS in Dublin for the INTO Mini 7s



Happy hurling memories. We are always on the look out for old photographs. To contribute to this page check out our contact details

Ballyhahill NS football team



The Limerick East boys team who played in the Allianz Sarsfield Cup in Doon

They don't call him *Banty* for nothing. Seamus McEneaney, manager of the Meath football team



If you would like to submit photos for inclusion in the G&W Gallery, post or e-mail your photos to us (our contact details are printed on Page 2). Original photographs will be returned to their owners.

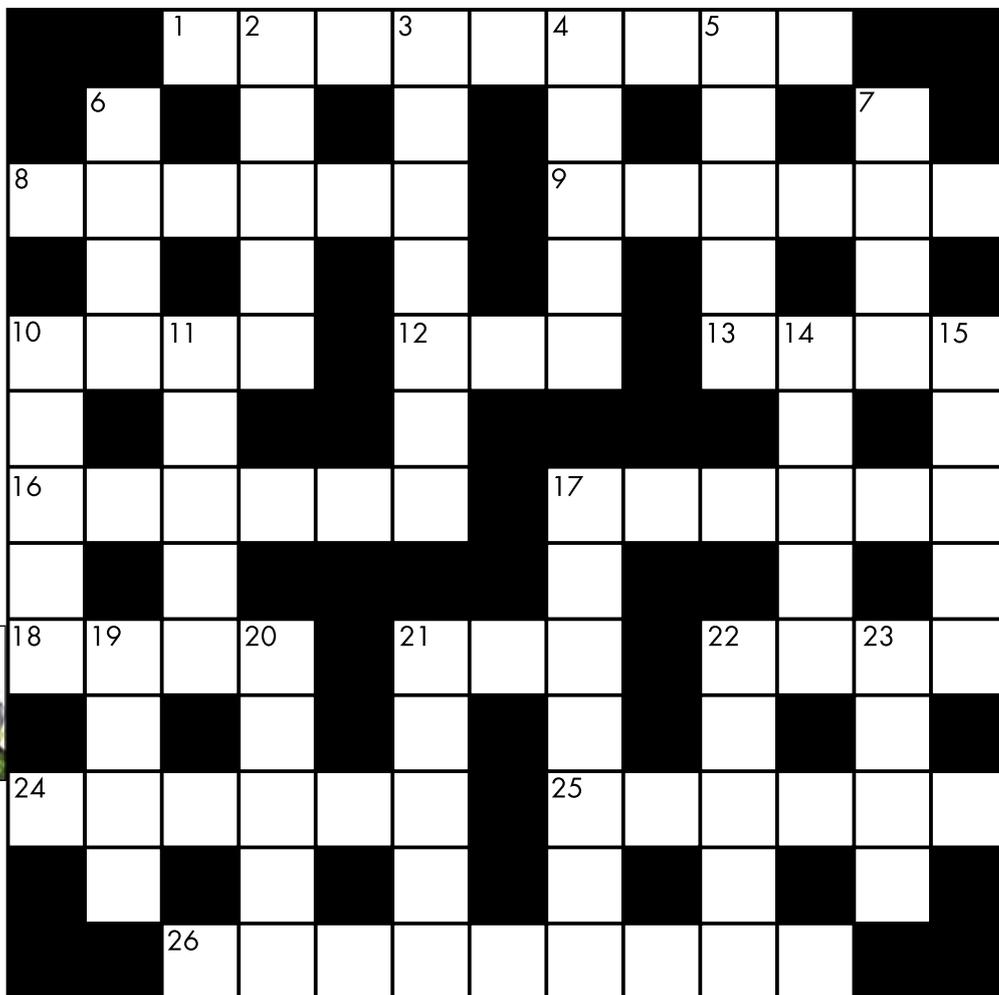
# THE GREEN & WHITE Prize Crossword

To enter Competition 44, send a photocopy of your completed crossword or a list of answers to: **The Green and White**, Patrickswell N.S., Co. Limerick. Answers by e-mail to: info@thegreenandwhite.com. Last term's winners and answers are printed on Page 35.

# No. 44

## TRASNA

- 1 Europe is one; Asia is the biggest one (9)
- 8 Former Limerick captain and current selector, ----- Carey? (6)
- 9 How many players are there on 6 hurling teams? Ten nines(6)
- 10 Disney-Pixar film about automobiles (4)
- 12 The "L" in L.A. in California (3)
- 13 Do this and it shows you're sleepy (4)
- 16 Book/movie title: "----- the World in 80 Days"(6)
- 17 Country attached to the south of the U.S.A. (6)
- 18 Opposite of difficult; tóg go bog é = take it ----?(4)
- 21 --- Ten? The Omnitrix gives him special powers (3)
- 22 The car company whose logo has 4 rings in it (4)
- 24 What's Ed.'s full name? (6)
- 25 Capital city of Canada (6)
- 26 40 days after the Resurrection came the \_\_\_\_\_? (9)



## SÍOS

- 2 Irish word for hungry (5)
- 3 Disney movie about Rapunzel (7)
- 4 Ten of these make ninety (5)
- 5 Miss McPhee's title (5)
- 6 Italian town famous for its leaning tower (4)
- 7 Traditional Irish dinner (4)
- 10 Winners of Liam McCarthy Cup in 1995 and 1997 (5)
- 11 These parts of a plant grow underground (5)
- 14 "Farewell" in French. I bid U IDEA! (5)
- 15 ----- Watts, actress who starred in 'King Kong' (5)



- 17 Gru's little yellow helpers in 'Despicable Me' (7)
- 19 The boy who owns Woody and Buzz in 'Toy Story' (4)
- 20 It's been 38 of these since Limerick won the McCarthy Cup (5)
- 21 Another name for the crest (or emblem) on a Limerick jersey (5)
- 22 "----- Boy," from Metro City starred in his own movie in 2009 (5)
- 23 This county is not up! (4)

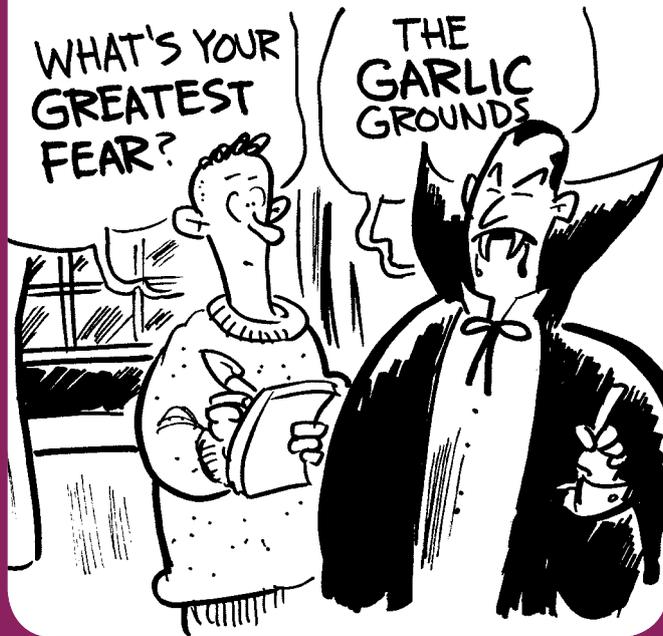
## Scribble Box



3 Sios  
A bit hairy

# Cartoon Corner

## G&W Celebrity Interview:



Send in your drawings to The Green & White. Address on page 35

### SETANTA McFANTA

### A LEGEND IN HIS OWN HELMET



### SETANTA McFANTA

### A LEGEND IN HIS OWN HELMET



# Fun & Games



## Limerick Managers Match-Up

Match the Christian names with the correct surnames to reveal the names of 6 recent Limerick senior hurling managers

|        |          |
|--------|----------|
| Eamon  | McKenna  |
| Tom    | O'Grady  |
| Justin | Bennis   |
| Richie | Ryan     |
| Donal  | Cregan   |
| Joe    | McCarthy |

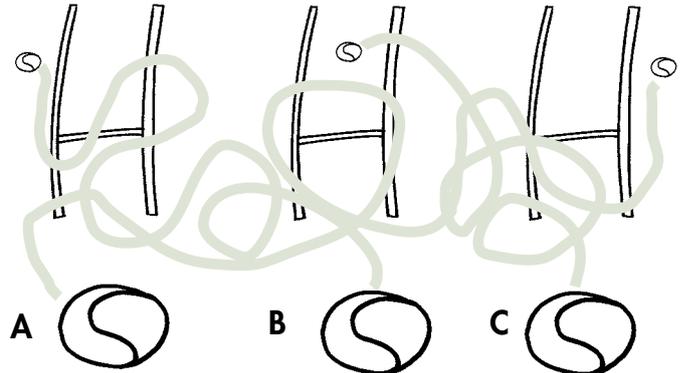
## Limerick Ladies

- The Mayor of Limerick?
- Bestselling Limerick author born in 1897?
- The lady who represents Limerick City in the Dáil?
- The Limerick captain in last year's Ladies Football final?
- Former pop-star who has presented shows such as The Disney Show and Den Tots on TV?
- World famous 19th Century opera diva?

Here are the answers...but they are not in the correct order!  
Sandra Larkin, Catherine Hayes, Emma O'Driscoll, Kate O'Brien, Maria Byrne, Jan O'Sullivan

## Hawkeye

Are you as sharp as an electronic eye? Can you work out which ball went over the bar? (You could say the question is what's the Point!)



## Funny-grams

Examine our funny anagrams carefully; the names of 6 Limerick G.A.A. clubs are hidden within them. Can you work them out? E-mail us at [info@thegreenandwhite.com](mailto:info@thegreenandwhite.com) if you're stuck for an answer.

- |                     |                       |
|---------------------|-----------------------|
| TAP SKILL CREW (12) | AL McLOKLIK (10)      |
| RANDAL'S BELLY (12) | ACE WALL SKATER (6,7) |
| I GAS PIRANHA (2,9) | NOBBLY RAWL (10)      |

## Spot the Difference

There are at least ten differences between our two seemingly identical pictures of KamogieKate. How many can you identify?



# THE GREEN & WHITE In off the post

Editorial Address: Patrickswell NS, Co. Limerick  
 Email: info@thegreenandwhite.com Tel: 086 8113284 www.thegreenandwhite.com

## Crossword 43 Winners:

David Browne,  
 Scoil Dean Cussen, Bruff, Co. Limerick  
 Sinéad Lenihan, Ballycannon  
 Croagh N.S., Co. Limerick  
 Tommy Connolly, Kilmallock,  
 Bruree N.S., Co Limerick

## Crossword 43 Answers:

**Trasna:** 1. Halloween 8. Gallop 9. O'Grady 10. Baby  
 12. One 13. Risk 16. i-Tunes 17. Berlin 18. Need  
 21. CIA 22. Togs 24. Cellar 25. Enrage 26. Liberties

**Sios:** 2. Alley 3. Laptops 4. Whole 5. Error 6. Nama  
 7. Adds 10. Brian 11. Brute 14. Igloo 15. Kings  
 17. Bravest 19. Even 20. Delhi 21. Curse 22. Three  
 23. Gaga

## Crossword No.44

To be in with a chance of winning a prize this time out, send a photocopy of your completed crossword to The G&W, Patrickswell N.S., Co. Limerick. Alternatively, you can fax your answers to: 061 355978, or e-mail them to: info@thegreenandwhite.com

## Munster GAA Fixtures

MUNSTER GAA SENIOR HURLING CHAMPIONSHIP  
**Semi-Final**

June 12th Limerick v Waterford at Thurles

MUNSTER GAA SENIOR FOOTBALL CHAMPIONSHIP  
**Semi Final**

June 4th Limerick v Winners of Kerry v Tipp at Limerick

MUNSTER UNDER 21 HURLING CHAMPIONSHIP  
**Semi Final**

July 21st Clare v Limerick

MUNSTER GAA MINOR HURLING CHAMPIONSHIP  
**Round 1**

April 27th Limerick v Cork

MUNSTER GAA MINOR FOOTBALL CHAMPIONSHIP  
**Round 1**

April 13th Tipperary v Limerick

MUNSTER GAA INTERMEDIATE HURLING CHAMPIONSHIP  
**Semi-Final**

June 12th Limerick v Waterford at Thurles

MUNSTER GAA JUNIOR FOOTBALL CHAMPIONSHIP  
**Semi Final**

June 4th Limerick v Winners of Kerry v Tipp at Limerick

Hello Editors,

I love your magazine. It tells me all about the stuff that I have missed. I hope you can publish more and more every season.

Sean Fitzgibbon  
 By email

Dear Editors,

When did the first issue of The Green and White Magazine come out?

Jason McMahan,  
 Anacotty, Co. Limerick

*(Editor: November 1996, not long after Limerick had played in that year's All-Ireland Senior Hurling final v Wexford. The magazine is now in its fifteenth year).*

Dear Editors,

You always have pictures of famous people holding a hurley or a copy of your magazine. Can you get President Obama to do this in your next magazine?

Sarah Ryan, Old Cork Road, Limerick.

## The Last Laugh



## The Back Door



Launching the parade- Messrs. Kirby, McGowan, Hand and Hayes!

### Sports Mad!

Limerick's reputation as Ireland's sporting capital was confirmed recently by the European Capitals of Sport Association (ACES), based in Milan, Italy. ACES named Limerick as an official European City of Sport for 2011, the first Irish city ever to receive this honour.

The 2011 St. Patrick's Day Parade celebrated Limerick's vibrant and diverse sporting culture—and Gaelic games featured prominently, as our pictures show. The grandmarshals for the parade were: former Limerick hurler, Gary Kirby; hockey star, Eimear Cregan; Irish rugby player, John 'The Bull' Hayes; former Limerick F.C. & Republic of Ireland soccer manager, Eoin Hand; and, Seán McGowan, the Limerickman who rowed single-handed across the Atlantic Ocean. Come on Limerick—Luimneach abú!



Limerick's sports-themed parade had more participants in it than any other parade in the country in 2011

Former Limerick hurling captain and All Star, Gary Kirby was a Grand Marshal at the parade



Launching the 2011 St. Patrick's Day Parade which celebrated Limerick's designation as European City of Sport for 2011

St. Patrick's GAA club at the parade



Limerick's All-Ireland champions, the Ladies Gaelic Footballers, were guests of honour at the parade



Look out for G&W  
ISSUE 45  
Summer '11

Contact us if your school or club needs to order extra copies  
info@thegreenandwhite.com